

What to do when your child is **NEWLY DIAGNOSED**



1

Create a System for Medical Records:

You will soon be inundated with your child's health care information. Create a digital and/or physical file to organize everything for easy access.

2

Explore Financial Assistance:

Make sure you understand your insurance coverage for treatments and therapies. Additionally, find out if your child qualifies for other financial assistance like the Medicaid Waiver.

3

Consult an Advocate:

If you suspect your child's disability is impacting their ability to access their education, consult with an parent advocate or reach out to your state's Parent Information Center for next steps.

4

Establish Self Care Routines:

Self care is not selfish, it's a critical requirement of caregiving. Seek support groups, respite care, therapy, whatever it takes!! Don't skip this one.

5

Plan for the Future:

Inquire about life insurance, special needs trusts, guardianship and education savings plans. It's never too early to start planning for your child's future.

Learn more at www.ittakesavillagenc.com